

**Pre-workshop questions- RED CARD GAMBLING SUPPORT PROJECT.**

	Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree
"I understand what gambling related harm is"					
"I am aware of things that increase the chance of someone suffering gambling harm"					
"I can describe ways to help someone if their gambling behaviour worried me"					
"I would know where to go to talk about problems to do with gambling"					
"I am aware of skills and tools that can be used to prevent gambling harms"					
"I understand the techniques used by the gambling industry to persuade people to gamble"					

Age (number of years) \_\_\_\_\_

What is your ethnic group? Choose one option that best describes your ethnic group or background

<b>White</b>	
English/Welsh/Scottish/Northern Irish/British	
Irish	
Gypsy or Irish Traveller	
Any other White background, please describe	
<b>Mixed/Multiple ethnic groups</b>	
White and Black Caribbean	
White and Black African	
White and Asian	
Any other Mixed/Multiple ethnic background, please describe	
<b>Asian/Asian British</b>	
Indian	
Pakistani	
Bangladeshi	
Chinese	
Any other Asian background, please describe	
<b>Black/ African/Caribbean/Black British</b>	
African	
Caribbean	
Any other Black/African/Caribbean background, please describe	
<b>Other ethnic group</b>	
Arab	
Any other ethnic group, please describe	

### **Questions during the workshop- RED CARD GAMBLING SUPPORT PROJECT**

Have you spent money on gambling in the last 12 months?	Yes	No	
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	Almost always	Most of the time	Sometimes	Never	Don't know
In the last 12 months have you bet more than you could really afford to lose?					
In the last 12 months have you felt guilty about the way you gamble or what happens when you gamble?					
In the last 12 months have people criticised your betting, or told you that you have a gambling problem, whether or not you thought it is true?					

In the past 12 months how often, if at all, would you say that gambling among your family members and/or people you live with has made you feel bad?	Never	Rarely	Sometimes	Often	All of the time	Don't know
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If you think that you may be experiencing gambling harm, it is important to seek advice from a professional to understand the situation better.

"Understanding the role gambling plays in your life can be the first step in making changes to reduce the harm it causes. It is unlikely that there will be a single answer, and you may need a combination of strategies to make lasting changes. You are more likely to be successful if you have support from others." GamCare: National Gambling Helpline (Freephone 0808 8020 133 and webchat; both 24/7)

You can also speak to your GP or contact the Primary Care Gambling Service available Monday to Friday 9am to 4pm at 0300 0300 111)

### **Post workshop questions- RED CARD GAMBLING SUPPORT PROJECT.**

	Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree
"I understand what gambling related harm is"					
"I am aware of things that increase the chance of someone suffering gambling harm"					
"I can describe ways to help someone if their gambling behaviour worried me"					
"I would know where to go to talk about problems to do with gambling"					
"I am aware of skills and tools that can be used to prevent gambling harms"					
"I understand the techniques used by the gambling industry to persuade people to gamble"					

Do you think you are less likely to suffer from gambling harm because of this workshop?	Yes	No	Don't know
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Please rate your facilitator	Awful	Poor	Fair	Good	Excellent
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